

Procedure Preparation

- A staff member will call you several days before your procedure to provide/verify certain information. This will include expected time of arrival, directions if needed, and a reminder that you must have a responsible driver take you home if you receive sedation.

Recovery Period

- A nurse will call you within 24-72 hours after your procedure to see how you are feeling. If at any time you experience problems, please notify your physician. His/her phone number will be on your discharge instructions.
- You may feel weak and drowsy after your procedure. Do not drive a motor vehicle, operate machinery, make legally binding decisions, or drink alcohol for 24 hours after your procedure.
- Please follow your discharge instructions regarding diet, medication and activity.

Billing

- EEC accepts most major insurance plans.
- It is important to understand that you will receive a bill from both your physician's office for his professional services, as well as a bill from EEC for the use of our facility.
- If you had biopsies and/or anesthesia services you will also receive a bill from the pathology lab and/or the anesthesiologists for their professional services.

Directions

- Take East Market Street to Belmont Street.
- Follow Belmont Street past Memorial Hospital to Stop sign at Sixth Avenue
- Turn right onto Sixth Avenue
- Elmwood Endoscopy Center, PC is located on the left in the 1600 Sixth Avenue Professional Building, Suite 115.

Convenient parking for patient drop-off in front of the building

The Doctors on staff at Elmwood Endoscopy Center are Osteopathic Physicians who specialize in Internal Medicine. Each received endoscopic training as part of their residency programs.

GREGORY W. OTTE, D.O., F.A.C.O.I. is a graduate of the College of Osteopathic School of Medicine and Surgery in Des Moines, IA. Dr. Otte completed his Internship at Davenport Hospital and his Residency at Memorial Hospital in York. He is Board Certified in Internal Medicine with over 25 years experience as an Endoscopist.

CARL S. COLOMBO, D.O., F.A.C.O.I. is a graduate of West Virginia School of Osteopathic Medicine in Lewisburg, WV. Dr. Colombo completed his Internship and Residency at Memorial Hospital in York. He is Board Certified in Internal Medicine with almost 20 years experience as an Endoscopist.

MICHAEL S. SPANGLER, D.O. is a graduate of Lake Erie College of Osteopathic Medicine in Erie, PA. Dr. Spangler completed his Internship and Residency at Memorial Hospital of York in 2006. He is Board Certified in Internal Medicine.

MEAGAN BILBROUGH, D.O. is a graduate of Lake Erie College of Osteopathic Medicine in Erie, PA. Dr. Bilbrough completed her Internship and Residency at Memorial Hospital of York in 2008. She is Board Certified in Internal Medicine.



Elmwood
ENDOSCOPY CENTER

**1600 Sixth Avenue, Suite 115
York, PA 17403**

*Located in the 1600 Sixth Avenue
Professional Building*

Thanks Again!

We sincerely appreciate your choosing Elmwood Endoscopy Center! Your referral to family and friends is our highest compliment.

Phone: 717-718-7220

Fax: 717-718-7239

Welcome

Thank you for choosing Elmwood Endoscopy Center (EEC) as your provider of gastrointestinal endoscopic services. Choices you make concerning your health are some of the most important decisions you will ever make. This brochure is designed to help you get to know us better and prepare you for your procedure. If you have any further questions, please ask. Calls are always welcome. The Center's phone number is 717-718-7220. Please remember, your perception of how we care for you is our utmost concern, so please feel free to offer suggestions that might help us better serve you.

EEC was developed by two Board Certified Internal Medicine osteopathic physicians who are affiliated with York Memorial Hospital. The Center conforms to State, Medicare, and JCAHO standards in construction, design, policies and procedures, fire protection and safety, and handicap accessibility. Your care will be provided by a skilled team of endoscopists, anesthesiologists, and nurses all licensed by the state of Pennsylvania. Our services incorporate excellence in professional care while utilizing state-of-the-art technology for ambulatory gastrointestinal endoscopy services.

Our Hours of Operation

EEC is open Monday through Friday from 7:30 a.m. to 4:00 p.m., with Saturday appointments available. If you are unable to keep your appointment for your procedure, please contact our office staff at:

717-718-7220

Emergencies

EEC is not an emergency treatment facility. In case of emergency, please contact your physician or go directly to the closest hospital's emergency room. The hospital staff can determine the extent of your problems and contact us. Some problems that require emergency attention include vomiting blood or passing blood from the rectum, black stools, severe abdominal pain, severe dizziness, weakness or loss of consciousness.

What is Endoscopy?

Endoscopy is a relatively non-invasive procedure that provides direct visualization of the upper and lower portions of your gastrointestinal tract. This is accomplished by passing a thin flexible tube into the body that enables your physician to examine the lining for abnormalities, obtain biopsies and remove polyps as necessary.

First Visit

We ask that you bring your insurance card(s), along with a photo ID, as well as a referral for services, if required by your insurance carrier.

- **If you have a latex allergy, pacemaker, internal defibrillator, artificial heart valve, or joint replacement, please notify us when you schedule your procedure.**
- **Stop taking aspirin, nonsteroidal medicine (Motrin, Advil, Ibuprofen, Aleve, etc.) according to your physician's instructions.**
- **Please make certain that you inform us if you are on blood thinners such as Coumadin, Plavix, etc.**

Endoscopic Procedures

EGD (Esophagogastroduodenoscopy)

- This procedure examines the lining of the upper part of your gastrointestinal tract, including the esophagus and stomach.
- Sedation is given throughout this procedure.
- Biopsies may be obtained and/or dilation of the esophagus may be performed during this procedure as necessary.

Preparation for EGD

- Medications may be taken with small sips of water as advised by your physician.
- Because you will be sedated for this procedure, **you must have a responsible driver take you home.**

Colonoscopy

- This procedure examines the lining of the colon (large bowel).
- Sedation is given throughout this procedure.
- Biopsies may be obtained and/or polyps may be removed during this procedure.

Preparation for Colonoscopy

- In order to provide you with a thorough colonoscopy, it is extremely important that your colon is completely clean. This is accomplished by carefully following the bowel prep that your physician ordered for you.
- Because you will be sedated for this procedure, **you must have a responsible driver take you home.**